



Curriculum Intent: PE

We will give every pupil a fair opportunity to access the components of our PE curriculum in order to reach the following objectives:

- Children leave Bromley Heath Junior School with a positive relationship to physical health, activity and personal wellbeing.
- Children will understand that a positive relationship to physical health, activity and personal wellbeing will result in increased opportunities and a longer & better standard of life.



Local and Global relevance

Our curriculum and extra-curricular activities will support pupils to participate in local events through our school sports partnerships. We will also celebrate and build awareness of significant national or international sporting events throughout the year and focus more closely on them in our sports week.

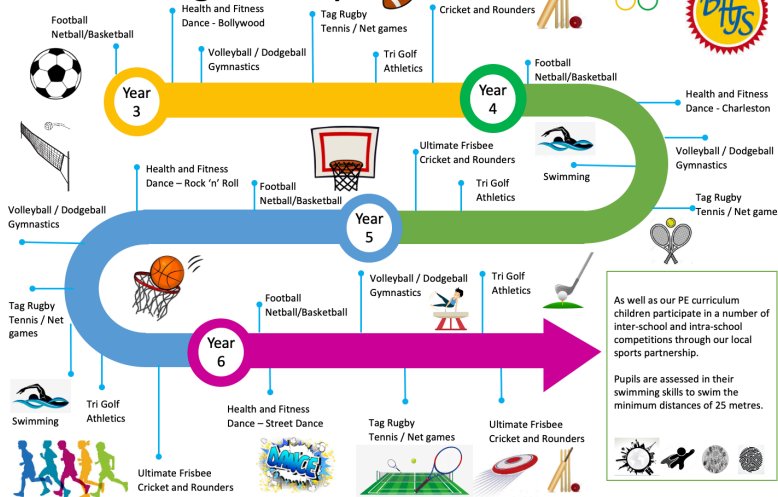


Confidence and resilience

We use PE as another tool for whole school improvement linking sport with our core values of being respectful, resilient, positive, kind, courageous and responsible.

Children will use physical education at Bromley Heath Junior School to develop their understanding of 'fair play', 'sportsmanship', 'team-work', 'passion' and 'competition – winning and losing'.

PE: Learning Journey



Inclusivity and Diversity

An inclusive PE curriculum and extra-curricular offer will give every student the opportunity to participate in lessons, feel valued and improve their confidence. We are committed to reducing barriers in participation so that all pupils engage in high quality physical activity.



Identity and values

Children to use physical education at Bromley Heath Junior School to develop themselves as a whole person – mentally, personally, physically and socially. We also aim for pupils to value themselves, identify how they can live a healthy lifestyle, and how their own sporting preferences contribute to their overall sense of self and belonging to a team.