



Curriculum Intent: PSHE

Our intention is that, when children leave BHJS, they do so with the knowledge, understanding and emotions to be able to play an active role in today's society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. We aim for pupils to develop a holistic sense of who they are, through a curriculum that is accessible to all. Exploring mindfulness activities allows children to advance their emotional awareness and develop calm me strategies.



Local and Global relevance

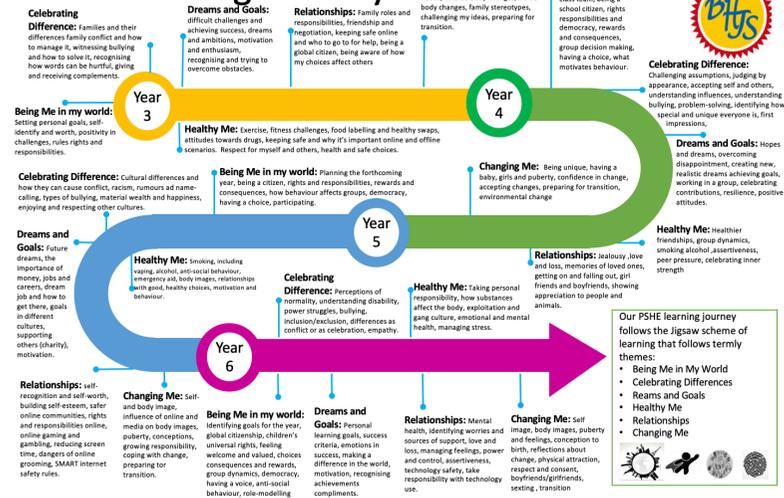
Our curriculum will allow pupils to develop a sense of their place in the world, recognise and celebrate differences between themselves and other cultures. Pupils will develop an awareness and understanding of rights, responsibilities and democracy that link to the British values. Pupils will also develop their own voice, express opinions and develop a broad understanding of the diverse city of Bristol and England.



Confidence and resilience

Our whole school approach has a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. This is achieved through exploration of topics and scenarios, through group work, debate and collaboration. Our core values of respect, resilience, positivity, kindness, courage and responsibility underpin our termly theme and whole school approach.

PSHE Learning Journey



Inclusivity and Diversity

We aim to build an inclusive culture through exploration of what constitutes being a school citizen to develop a sense of belonging to the school community. Our work on celebrating difference will explore diversity, cultural differences and understanding of disability. By challenging stereotypes and exploration of racism, conflict and bullying children will become aware of their universal rights and how to be a positive member of the community who supports others.



Identity and values

Through exploring personal strengths, influences, dreams and goals, pupils explore their emerging personal identity, alongside exploration of worries and sources of support. By exploring relationships, pupils will discuss self-worth, build self esteem and consider how they respond positively to life challenges and changes.