





PE and sport premium

monitoring and tracking form

2025/2026

Commissioned by

Department for Education

Created by

afPE association for PHYSICAL EDUCATION

YOUTH SPORT TRUST

Aims for the academic year (2025/2026)

Swimming and Water Safety	What went well? Supporting evidence?	What didn't go well? Supporting evidence?
1. Swim competently, confidently and proficiently over a distance of at least 25 metres	88% of pupils can swim competently, confidently and proficiently over a distance of at least 25 metres. This demonstrates that the majority of pupils have developed the essential swimming skills needed to swim safely and confidently.	12% of pupils have not yet achieved the expected standard of swimming at least 25 metres. Further opportunities and targeted support were given but encouragement to continue to reach 25m is needed to develop their confidence, stamina and swimming ability.
2. Use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)	67% of pupils can use a range of strokes effectively, including front crawl, backstroke and breaststroke. This shows that many pupils can demonstrate a variety of swimming techniques.	33% of pupils are not yet confident or proficient in using a range of swimming strokes. More focused teaching and practice are needed to improve technique and develop a wider range of strokes.
3. Perform safe self-rescue in different water-based situations	70% of pupils can perform safe self-rescue in different water-based situations, demonstrating an understanding of water safety and how to respond appropriately in potentially dangerous situations.	30% of pupils have not yet demonstrated secure self-rescue skills in different water-based situations. Additional teaching is needed to strengthen their understanding of water safety and their ability to respond safely in an emergency

Your objective: Achieve gender parity in extracurricular sport

	Intent - what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
Plan and monitor	To achieve greater gender parity in extracurricular sport by increasing girls' participation by 5 percentage points. Sport England highlights the importance of equal access to sport in schools. The objective is to break down gender barriers, particularly for girls, by providing equal opportunities, building confidence and encouraging participation in a wider range of sporting activities. Baseline (2024–25): Overall girls' participation was 23%. Terms 1–2: 32%, Terms 3–4: 22%, Terms 5–6: 20%	• Record participation numbers by gender across all extracurricular clubs and lunchtime activities. • Use pupil voice surveys to identify which sports girls would like to try and any barriers to participation. • Rotate sporting activities each term to provide opportunities to experience a wider range of sports. • Develop links between lunchtime and after-school clubs, using lunchtime activities to build interest and confidence before introducing after-school opportunities. • Actively encourage less-confident girls to participate and try new sports. • Review participation registers and staff feedback termly.	• An increase of at least 5 percentage points in girls' participation. • More girls attending extracurricular clubs and trying new sports. • Girls demonstrating increased confidence and enthusiasm towards sporting activities. • More balanced gender representation across extracurricular sports. • Staff feeling confident in promoting inclusive sporting opportunities.	• 2024–25 participation registers, providing a baseline of 23% overall girls' participation. • Termly club registers, broken down by gender. • Pupil voice surveys and informal feedback. • Staff observations and feedback. • Records of sporting opportunities offered throughout the year

Your objective: Achieve gender parity in extracurricular sport

	What impact have you seen?	Are the improvements sustainable? How?	Supporting evidence	Approx. cost
Evaluate (Complete in July)	Girls' participation increased from 23% in 2024–25 to 28% in 2025–26, achieving the targeted 5 percentage-point increase. Participation in Terms 3–4 increased particularly significantly, from 22% to 31%. The introduction of gymnastics in Terms 1–2 provided additional opportunities and helped encourage girls to participate. Girls also took part in Tag Rugby this year, compared with no female participation in 2024–25. Netball/basketball was particularly successful, with 11 girls participating compared with 7 boys in Term 2. Cross Country also saw 42% female participation. Pupil voice indicated that girls were increasingly willing to participate in lunchtime sporting activities.	The improvements are sustainable through the continued provision of a varied and inclusive extracurricular sports programme. Continuing to rotate sports, respond to pupil voice and provide opportunities for girls to try unfamiliar activities will help maintain engagement. Lunchtime activities have been particularly successful and should continue to be developed, especially for pupils who are unable to attend after-school clubs due to external commitments. Continued monitoring of participation by gender will help identify any gaps and inform future provision.	Participation data: 2024–25 overall: 23% 2025–26 overall: 28% Termly comparison: Terms 1–2: 32% (unchanged) Terms 3–4: 22% → 31% Terms 5–6: 20% → 22% Additional evidence includes increased girls' participation in Tag Rugby, gymnastics and netball/basketball, with 11 girls compared with 7 boys in netball/basketball. Cross Country recorded 42% female participation. Pupil voice demonstrated increased willingness to participate in lunchtime sports.	Lunchtime clubs- £6650 External sport competitions- £590

Your objective: To increase active travel by achieving 'Very Good' Modeshift Stars award

	Intent - what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
Plan and monitor	To achieve a 'Very Good' Modeshift STARS award, with the aspiration of progressing towards an 'Excellent' award. To create positive experiences for children through an inclusive, fun and safe active travel programme. Establish a student-led sports/active travel committee to empower pupils to shape activities, ensuring initiatives are relevant, increasing feelings of safety and sustaining engagement.	• Launch a student-led committee to support and influence active travel initiatives. • Conduct an annual pupil travel survey to establish travel patterns and identify areas for improvement. • Introduce the 'Golden Lock' initiative in Terms 1–2 to encourage more children to cycle and scoot to school. • Hold termly meetings with Andy from Modeshift to review progress and support the development of initiatives. • Plan and deliver inclusive, engaging and safe active travel activities. • Communicate initiatives to pupils and parents to encourage participation. • Collect and upload evidence to support the Modeshift STARS award submission.	• Achieve a 'Very Good' Modeshift STARS award, with progression towards 'Excellent'. • Establish an active and effective student-led working group with termly meetings. • Increase the number of children actively travelling to school. • Reduce car journeys and increase walking, cycling, scooting and Park and Stride. • Improve children's understanding of the benefits of active travel. • Develop positive and sustained changes in travel behaviours.	• Annual pupil travel surveys and analysis of results. • Records and minutes from student committee meetings. • Evidence of 7 unique consultation actions. • Evidence of 20 unique travel initiatives. • Evidence of 10 unique supporting initiatives. • Golden Lock promotional materials and participation records. • Modeshift STARS evidence and award submission. • Photographs, communications and records of activities.

Your objective: To increase active travel by achieving 'Very Good' Modeshift Stars award

	What impact have you seen?	Are the improvements sustainable? How?	Supporting evidence	Approx. cost
Evaluate (Complete in July)	We successfully achieved a 'Very Good' Modeshift STARS award and submitted an application for an 'Excellent' award, which was successful. Through a carefully planned programme of consultations and initiatives, we achieved measurable and meaningful changes in travel behaviours between 2024–25 and 2025–26: • Car travel reduced by 3.71%. • Cycling increased by 4.64%. • Park and Stride increased by 1.69%. • Cycling and scooting increased by an impressive 24.11%. Pupil voice was overwhelmingly positive. Children reported that active travel was more enjoyable and expressed a desire to continue participating even after the competition ended. This suggests that the initiatives have helped develop genuine and sustained changes in attitudes towards active travel.	The improvements are sustainable through continuing to involve pupils in the planning and development of active travel initiatives. The student-led committee will help maintain enthusiasm, ownership and engagement. The Golden Lock initiative and other incentives can continue to encourage active travel throughout the year. Annual travel surveys will allow us to monitor patterns and identify areas requiring further development. Maintaining communication with parents and working alongside Modeshift will also help embed active travel into the school culture. The positive pupil feedback suggests that children are developing habits and attitudes that can continue beyond individual competitions and initiatives.	'Very Good' Modeshift STARS award achieved. • 'Excellent' award application submitted and award achieved. • Annual pupil travel survey results comparing 2024–25 and 2025–26. • 7 unique consultation actions recorded and evidenced. • 20 unique travel initiatives recorded and evidenced. • 10 unique supporting initiatives recorded and evidenced. • Records of student committee meetings. • Golden Lock promotional materials and participation evidence. • Pupil voice feedback demonstrating positive attitudes towards active travel and a desire to continue participating.	All prizes and promotions were provided by Modeshift Stars so there was no cost.

Your objective: To achieve the Platinum School Games Mark, demonstrating a sustained commitment to high-quality PE, school sport and physical activity for all pupils

	Intent - what is your objective?	Implementation - How will you achieve this?	Impact - What do you hope to see?	Supporting evidence
Plan and monitor	To achieve the Platinum School Games Mark, demonstrating a sustained commitment to high-quality PE, school sport and physical activity for all pupils. To ensure every child develops a positive and lifelong relationship with physical activity, sport and PE, supporting their physical health, mental well-being and personal development. Physical activity will remain embedded within the whole-school ethos, promoting the school's core values of responsibility, respect, resilience, positivity, courage and kindness. A key priority is to ensure inclusive opportunities for all pupils, particularly less-active children and girls, while increasing daily physical activity and developing physical literacy.	• Maintain a high-quality PE curriculum which develops physical competence, confidence, motivation and knowledge of healthy lifestyles. • Promote an additional 30 minutes of daily physical activity for all pupils through active playtimes, classroom-based movement and targeted interventions. • Use pupil voice to shape sporting opportunities and ensure activities reflect pupils' interests and needs. • Provide targeted mentoring through the sports coach, particularly for less-active pupils and those requiring additional confidence and support. . • Provide inclusive intra- and inter-school competitions, ensuring opportunities for pupils of all abilities. • Maintain successful extracurricular provision, including the cross-country club, which engages over 45 pupils. • Recognise and celebrate sporting achievements and the demonstration of school values through bi-termly Sports Awards assemblies. • Continue the partnership with CSET at Mangotsfield Secondary School to provide competition, leadership and transition opportunities. • Maintain and develop active travel initiatives, building on the achievement of the Excellent Modeshift STARS award.	• Achieve the Platinum School Games Mark, recognising sustained commitment to PE, school sport and physical activity. • All pupils have opportunities to participate in regular physical activity and develop positive attitudes towards an active lifestyle. • Pupils demonstrate increased confidence, resilience, motivation and physical competence. • Children understand the importance of physical activity for their physical and mental well-being. • A strong and inclusive competitive sporting culture, with opportunities for all abilities. • Pupils develop leadership, teamwork and transferable life skills. • PE and sport remain highly valued and celebrated across the school community.	• Platinum School Games Mark application and supporting evidence. interventions. • Pupil voice surveys and feedback informing sporting provision. • Participation registers, including gender and less-active pupil participation data. . • Cross-country club registers demonstrating engagement of over 45 pupils. • Records and photographs of intra- and inter-school competitions. • Sports Awards assembly • Parent communications and event information. • Excellent Modeshift STARS award.

Your objective: To achieve the Platinum School Games Mark, demonstrating a sustained commitment to high-quality PE, school sport and physical activity for all pupils

	What impact have you seen?	Are the improvements sustainable? How?	Supporting evidence	Approx. cost
Evaluate (Complete in July)	Bromley Heath Junior School continues to demonstrate a strong commitment to providing high-quality PE, school sport and physical activity for all pupils. Physical activity is embedded within our whole-school ethos, with opportunities extending beyond curriculum PE into active playtimes, classroom-based movement, targeted interventions and extracurricular provision. The promotion of an additional 30 minutes of daily physical activity has helped create an environment where movement is valued throughout the school day. Our targeted work to address gender disparities has provided less-active girls with opportunities to develop confidence and participate in a wider range of sports. Collaboration with CSET and the School Games Organiser has strengthened these opportunities. Our cross-country club continues to be a particular success, engaging over 45 pupils of varying abilities. Pupils are also given opportunities to develop teamwork, resilience, leadership and confidence through competitive sport. The achievement of the Excellent Modeshift STARS award further demonstrates our commitment to promoting active and healthy lifestyles beyond the school gates.	Our approach is sustainable because physical activity and sport are embedded within the school's wider ethos rather than being dependent on individual initiatives. The additional daily physical activity, inclusive playground provision and classroom-based movement provide regular opportunities for all pupils to be active. Continued use of pupil voice will ensure provision remains relevant and responsive to children's interests. Maintaining partnerships with CSET and the School Games Organiser will support future sporting opportunities, competition and transition. Our continued focus on girls' participation and less-active pupils will help ensure that improvements in inclusion and engagement are sustained. The recognition of sporting achievements through Sports Awards assemblies will also maintain the high profile of PE and celebrate the wider personal benefits of participation.	• School Games Mark application and evidence against the Platinum criteria. • Whole-school PE and physical activity provision. • Evidence of additional 30 minutes of daily physical activity. • Targeted coaching and mentoring records. • Pupil voice and evidence of how feedback has influenced provision. • Gender participation data and targeted girls' programme evidence. • Cross-country club registers showing over 45 participants. • Intra- and inter-school competition records. • Sports Awards assembly records and photographs. • CSET partnership and transition activities. • Excellent Modeshift STARS award. • Parent communications and evidence of community engagement.	CSET- £4293 Mentoring - £2789.50 Sports awards/ celebrations- £358.89 Sports association- £250 Playground equipment- £80 Ground maintenance- £818.93